

**Columbia Aquatics Association  
Clippers Swim Team**

**Individual Meet Entries Report**

**2010 MD SWIMMING CHAMPIONSHIP MEET 04-Mar-10 to 07-Mar-10 Yards**

**Location: ANNAPOLIS, MARYLAND**

**Columbia Aquatics Association [CAA-MD] Coach: Jeffrey Scrivener**

**9450 Gerwig Lane**

**410-312-6332**

**Columbia, MD 21046**

**coachjeff@clippersswim.org**

**WOMEN**

<b>Kelsey Abernathy (16)</b>		# 73	Women 11-12 50 Back	31.76Y	
# 61	Women Senior 50 Free	26.18Y	# 81	Women 11-12 200 Free	B 2:17.22Y
# 93	Women Senior 400 Free Relay A	1	# 89	Women 11-12 200 Free Relay A	2
<b>Bizunesh Baldinazzo (13)</b>		# 103	Women 11-12 100 Back	1:09.71Y	
# 45	Women 13-14 400 Medley Relay A	Back	# 111	Women 11-12 50 Free	27.72Y
# 79	Women 13-14 100 Back	1:05.39Y	<b>Jenna Nelson (12)</b>		
# 95	Women 13-14 400 Free Relay A	3	# 15	Women 11-12 50 Breast	34.66Y
# 101	Women 13-14 200 Back	2:19.91Y	# 23	Women 11-12 100 Free	58.33Y
<b>Theresa Cotter (13)</b>		# 39	Women 11-12 200 IM	2:22.80Y	
# 101	Women 13-14 200 Back	2:20.29Y	# 47	Women 11-12 200 Medley Relay A	Breast
<b>Julia DeLuca (14)</b>		# 57	Women 11-12 100 IM	1:07.40Y	
# 95	Women 13-14 400 Free Relay A (Alternate)	Alternate	# 81	Women 11-12 200 Free	2:08.80Y
<b>Sabrina Elshafei (13)</b>		# 89	Women 11-12 200 Free Relay A	4	
# 71	Women 13-14 200 Breast	2:39.57Y	# 103	Women 11-12 100 Back	1:08.06Y
<b>Stephanie FOSTER (15)</b>		# 111	Women 11-12 50 Free	27.13Y	
# 43	Women Senior 400 Medley Relay A	Back	# 123	Women 11-12 200 Breast	2:43.40Y
# 77	Women Senior 100 Back	1:01.86Y	<b>Meghan Patton (14)</b>		
# 99	Women Senior 200 Back	2:13.67Y	# 13	Women 13-14 100 Breast	1:11.30Y
<b>Alicia Frey (15)</b>		# 29	Women 13-14 100 Fly	1:03.30Y	
# 7C	Women 15 & Over 1000 Free	10:49.18Y	# 45	Women 13-14 400 Medley Relay A	Breast
# 27	Women Senior 100 Fly	1:01.74Y	# 55	Women 13-14 200 IM	2:20.29Y
# 35	Women Senior 400 IM	4:42.06Y	# 71	Women 13-14 200 Breast	2:35.77Y
# 43	Women Senior 400 Medley Relay A	Free	# 95	Women 13-14 400 Free Relay A	1
# 53	Women Senior 200 IM	2:15.26Y	<b>Samantha Solomotis (14)</b>		
# 85	Women Senior 500 Free	5:17.68Y	# 45	Women 13-14 400 Medley Relay A	Fly
# 93	Women Senior 400 Free Relay A	4	<b>Taylor Spillman (9)</b>		
# 99	Women Senior 200 Back	2:14.38Y	# 49	Women 10 & Under 200 Medley Relay A	Fly
# 115	Women Senior 200 Fly	2:16.77Y	# 91	Women 10 & Under 200 Free Relay A	1
<b>Blake JONES (15)</b>		<b>Amber Strutz (12)</b>			
# 93	Women Senior 400 Free Relay A	2	# 47	Women 11-12 200 Medley Relay A	Free
<b>Jacqueline LaPointe (15)</b>		# 89	Women 11-12 200 Free Relay A	1	
# 11	Women Senior 100 Breast	1:12.94Y	<b>Anastasiya Volkova (12)</b>		
# 43	Women Senior 400 Medley Relay A	Breast	# 123	Women 11-12 200 Breast	2:52.21Y
<b>Morgan Liberto (9)</b>		<b>Peyton Walker (13)</b>			
# 49	Women 10 & Under 200 Medley Relay A	Back	# 95	Women 13-14 400 Free Relay A	2
<b>Kayla May (9)</b>		<b>Melanie Watt (12)</b>			
# 91	Women 10 & Under 200 Free Relay A	2	# 3	Women 11-12 500 Free	5:52.81Y
<b>Kellen McDonald (13)</b>		# 23	Women 11-12 100 Free	1:01.25Y	
# 13	Women 13-14 100 Breast	1:14.65Y	# 31	Women 11-12 50 Fly	30.53Y
# 37	Women 13-14 400 IM	4:56.92Y	# 47	Women 11-12 200 Medley Relay A	Fly
# 45	Women 13-14 400 Medley Relay A	Free	# 51	Women 11-12 200 Fly	2:35.64Y
# 71	Women 13-14 200 Breast	2:40.71Y	# 73	Women 11-12 50 Back	32.95Y
# 95	Women 13-14 400 Free Relay A	4	# 81	Women 11-12 200 Free	2:14.21Y
<b>Kelly McGillicuddy (12)</b>		# 89	Women 11-12 200 Free Relay A	3	
# 9	Women 11-12 200 Back	2:30.98Y	# 111	Women 11-12 50 Free	27.48Y
# 23	Women 11-12 100 Free	1:01.62Y	# 119	Women 11-12 100 Fly	1:07.24Y
# 31	Women 11-12 50 Fly	31.38Y	<b>Rebecca Widstrom (15)</b>		
# 47	Women 11-12 200 Medley Relay A	Back	# 7C	Women 15 & Over 1000 Free	10:48.45Y

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<b>WOMEN</b>
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# 19	Women Senior 200 Free	1:58.45Y
# 35	Women Senior 400 IM	4:43.12Y
# 43	Women Senior 400 Medley Relay A	Fly
# 85	Women Senior 500 Free	5:14.71Y
# 93	Women Senior 400 Free Relay A	3
# 115	Women Senior 200 Fly	2:13.74Y
# 125C	Women 15 & Over 1650 Free	17:56.55Y
<b>Grace Woodson (9)</b>		
# 49	Women 10 & Under 200 Medley Relay A	Free
# 91	Women 10 & Under 200 Free Relay A	3
<b>Renee Yang (10)</b>		
# 25	Women 10 & Under 100 Free	B 1:12.83Y
# 49	Women 10 & Under 200 Medley Relay A	Breast
# 59	Women 10 & Under 100 IM	1:21.38Y
# 75	Women 10 & Under 50 Back	36.43Y
# 91	Women 10 & Under 200 Free Relay A	4
# 105	Women 10 & Under 100 Back	1:19.96Y
# 113	Women 10 & Under 50 Free	B 32.49Y

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**MEN**

<b>Jonathan Arbaugh (14)</b>			# 120	Men 11-12 100 Fly	1:08.85Y
# 14	Men 13-14 100 Breast	1:05.90Y	<b>Kevin Deboissiere (15)</b>		
# 30	Men 13-14 100 Fly	59.71Y	# 44	Men Senior 400 Medley Relay A (Alternate)	Alternate
# 38	Men 13-14 400 IM	4:45.17Y	<b>Adam Elshafei (10)</b>		
# 46	Men 13-14 400 Medley Relay A	Fly	# 18	Men 10 & Under 50 Breast	40.66Y
# 56	Men 13-14 200 IM	2:13.00Y	# 26	Men 10 & Under 100 Free	1:11.50Y
# 72	Men 13-14 200 Breast	2:24.17Y	# 50	Men 10 & Under 200 Medley Relay A	Breast
# 96	Men 13-14 400 Free Relay A	3	# 60	Men 10 & Under 100 IM	1:19.55Y
# 110	Men 13-14 100 Free	54.96Y	# 68	Men 10 & Under 100 Breast	1:30.65Y
<b>Taye Baldinazzo (11)</b>			# 84	Men 10 & Under 200 Free	2:32.36Y
# 4	Men 11-12 500 Free	5:47.64Y	# 92	Men 10 & Under 200 Free Relay A	3
# 10	Men 11-12 200 Back	2:29.74Y	# 106	Men 10 & Under 100 Back	1:21.11Y
# 24	Men 11-12 100 Free	1:01.93Y	# 114	Men 10 & Under 50 Free	31.28Y
# 74	Men 11-12 50 Back	32.84Y	<b>James FOREST (17)</b>		
# 82	Men 11-12 200 Free	2:12.04Y	# 12	Men Senior 100 Breast	1:03.36Y
# 98	Men 11-12 400 IM	5:23.44Y	# 20	Men Senior 200 Free	1:48.95Y
# 104	Men 11-12 100 Back	1:10.49Y	# 44	Men Senior 400 Medley Relay A	Breast
# 120	Men 11-12 100 Fly	1:11.54Y	# 54	Men Senior 200 IM	2:01.15Y
<b>Thomas Brown (11)</b>			# 62	Men Senior 50 Free	22.66Y
# 24	Men 11-12 100 Free	59.56Y	# 70	Men Senior 200 Breast	2:21.69Y
# 40	Men 11-12 200 IM	2:33.05Y	# 94	Men Senior 400 Free Relay A	3
# 48	Men 11-12 200 Medley Relay A	Free	# 108	Men Senior 100 Free	50.17Y
# 58	Men 11-12 100 IM	B 1:12.19Y	<b>Alexander Johnson (12)</b>		
# 66	Men 11-12 100 Breast	1:19.61Y	# 10	Men 11-12 200 Back	B 2:35.95Y
# 82	Men 11-12 200 Free	2:09.69Y	# 24	Men 11-12 100 Free	1:01.94Y
# 90	Men 11-12 200 Free Relay A	3	# 90	Men 11-12 200 Free Relay A	2
# 112	Men 11-12 50 Free	27.16Y	# 112	Men 11-12 50 Free	28.13Y
# 124	Men 11-12 200 Breast	2:56.02Y	<b>Kevin Jongeneel (14)</b>		
<b>Benjamin Costello (13)</b>			# 46	Men 13-14 400 Medley Relay A	Free
# 46	Men 13-14 400 Medley Relay A	Breast	# 96	Men 13-14 400 Free Relay A	2
<b>Gregory Costello (9)</b>			<b>Patrick Jongeneel (17)</b>		
# 18	Men 10 & Under 50 Breast	41.22Y	# 44	Men Senior 400 Medley Relay A (Alternate)	Alternate
# 26	Men 10 & Under 100 Free	1:10.19Y	# 94	Men Senior 400 Free Relay A (Alternate)	Alternate
# 34	Men 10 & Under 50 Fly	35.31Y	<b>Joseph Kogan (14)</b>		
# 50	Men 10 & Under 200 Medley Relay A	Fly	# 56	Men 13-14 200 IM	2:12.97Y
# 60	Men 10 & Under 100 IM	1:21.07Y	# 72	Men 13-14 200 Breast	2:30.30Y
# 68	Men 10 & Under 100 Breast	1:29.40Y	# 96	Men 13-14 400 Free Relay A	1
# 84	Men 10 & Under 200 Free	2:34.68Y	# 118	Men 13-14 200 Fly	2:15.58Y
# 92	Men 10 & Under 200 Free Relay A	2	<b>David LAZRIS (15)</b>		
# 114	Men 10 & Under 50 Free	30.13Y	# 44	Men Senior 400 Medley Relay A	Back
# 122	Men 10 & Under 100 Fly	1:23.32Y	# 78	Men Senior 100 Back	56.85Y
<b>Kevin Costello (11)</b>			# 94	Men Senior 400 Free Relay A	1
# 24	Men 11-12 100 Free	1:00.95Y	# 100	Men Senior 200 Back	2:03.01Y
# 32	Men 11-12 50 Fly	31.37Y	<b>Michael Lazris (17)</b>		
# 40	Men 11-12 200 IM	2:33.12Y	# 28	Men Senior 100 Fly	50.41Y
# 48	Men 11-12 200 Medley Relay A	Back	# 36	Men Senior 400 IM	4:05.05Y
# 58	Men 11-12 100 IM	1:10.59Y	# 44	Men Senior 400 Medley Relay A	Fly
# 82	Men 11-12 200 Free	2:13.68Y	# 54	Men Senior 200 IM	1:53.81Y
# 90	Men 11-12 200 Free Relay A	1	# 62	Men Senior 50 Free	22.13Y
# 98	Men 11-12 400 IM	5:22.41Y	# 78	Men Senior 100 Back	52.11Y
# 112	Men 11-12 50 Free	28.35Y	# 94	Men Senior 400 Free Relay A	4

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**MEN**

# 100	Men Senior 200 Back	1:49.17Y	# 98	Men 11-12 400 IM	5:19.14Y
# 116	Men Senior 200 Fly	1:51.48Y	# 112	Men 11-12 50 Free	26.95Y
<b>Trevor Liu (10)</b>			# 120	Men 11-12 100 Fly	1:05.13Y
# 50	Men 10 & Under 200 Medley Relay A	Free	<b>John Woodson (10)</b>		
# 76	Men 10 & Under 50 Back	38.03Y	# 2	Men 10 & Under 500 Free	6:26.70Y
# 92	Men 10 & Under 200 Free Relay A	1	# 26	Men 10 & Under 100 Free	1:04.77Y
# 106	Men 10 & Under 100 Back	B 1:22.50Y	# 34	Men 10 & Under 50 Fly	35.34Y
# 114	Men 10 & Under 50 Free	31.65Y	# 50	Men 10 & Under 200 Medley Relay A	Back
<b>Timothy May (11)</b>			# 60	Men 10 & Under 100 IM	1:17.59Y
# 32	Men 11-12 50 Fly	30.94Y	# 76	Men 10 & Under 50 Back	33.02Y
# 74	Men 11-12 50 Back	B 33.71Y	# 84	Men 10 & Under 200 Free	2:26.38Y
# 120	Men 11-12 100 Fly	1:08.77Y	# 92	Men 10 & Under 200 Free Relay A	4
<b>Richard Mentle (12)</b>			# 106	Men 10 & Under 100 Back	1:11.26Y
# 16	Men 11-12 50 Breast	B 37.25Y	# 114	Men 10 & Under 50 Free	29.53Y
# 48	Men 11-12 200 Medley Relay A	Breast	<b>Jonathan Zhao (10)</b>		
# 82	Men 11-12 200 Free	2:14.58Y	# 18	Men 10 & Under 50 Breast	42.04Y
<b>Matthew Nakagama (16)</b>			# 34	Men 10 & Under 50 Fly	35.84Y
# 8C	Men 15 & Over 1000 Free	10:06.58Y	# 68	Men 10 & Under 100 Breast	1:28.82Y
# 20	Men Senior 200 Free	1:50.06Y	# 76	Men 10 & Under 50 Back	B 38.55Y
# 28	Men Senior 100 Fly	56.21Y	# 122	Men 10 & Under 100 Fly	B 1:27.49Y
# 36	Men Senior 400 IM	4:17.96Y			
# 44	Men Senior 400 Medley Relay A	Free			
# 86	Men Senior 500 Free	4:51.24Y			
# 94	Men Senior 400 Free Relay A	2			
# 116	Men Senior 200 Fly	1:59.69Y			
# 126C	Men 15 & Over 1650 Free	16:56.69Y			
<b>Gregory Nelson (11)</b>					
# 24	Men 11-12 100 Free	1:02.05Y			
# 82	Men 11-12 200 Free	2:15.59Y			
# 112	Men 11-12 50 Free	B 28.98Y			
<b>Brian Nemsick (16)</b>					
# 8C	Men 15 & Over 1000 Free	B 10:51.19Y			
# 126C	Men 15 & Over 1650 Free	17:59.28Y			
<b>Noah Pritchard (14)</b>					
# 30	Men 13-14 100 Fly	56.18Y			
# 38	Men 13-14 400 IM	4:32.88Y			
# 46	Men 13-14 400 Medley Relay A	Back			
# 56	Men 13-14 200 IM	2:04.97Y			
# 80	Men 13-14 100 Back	57.95Y			
# 96	Men 13-14 400 Free Relay A	4			
# 102	Men 13-14 200 Back	2:06.83Y			
# 116	Men Senior 200 Fly	2:05.62Y			
# 126B	Men 13-14 1650 Free	18:22.23Y			
<b>Jack Saunderson (12)</b>					
# 24	Men 11-12 100 Free	59.70Y			
# 32	Men 11-12 50 Fly	27.98Y			
# 48	Men 11-12 200 Medley Relay A	Fly			
# 52	Men 11-12 200 Fly	2:29.57Y			
# 58	Men 11-12 100 IM	1:07.06Y			
# 82	Men 11-12 200 Free	2:13.30Y			
# 90	Men 11-12 200 Free Relay A	4			

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<b>Female IE's:</b>	<b>57</b>	<b>Female RE's:</b>	<b>33</b>
<b>Male IE's:</b>	<b>113</b>	<b>Male RE's:</b>	<b>35</b>
<b>Total IE's:</b>	<b>170</b>	<b>Total RE's:</b>	<b>68</b>
<b>Total Athletes:</b>	<b>49</b>		